**WELCOME:** Shelley Ball, Eboni Corprew, Jonathon Marioneaux, Steven Neilson, Nicholas Story, and Catherine Sutton. *PenMRC Volunteers to date = 615* 

THANK YOU to volunteers who trained or served: Jennifer Basak,, RN, Mary Begor, Benjamin Burrell, Sheryl Burrell, RN, Mark Callazzo, Carolyn Conley, RN, Kiana Cunningham, Mirian Dalziel, Fran Doyle, Aditi Dutt, Sherry Kelley-Davis, Stephanie King, RN, Mary Loesch, RN, Pat Olson, RN, Amarlia Osouna, Carol Perenzin, Adyam Redae, Joseph Reges, Brittany Richardson, Kim Roche, Brenda Sarno, RN, Annalisa Schaeperkoetter, Beth Sigler, Barbara Smith, Esra Solomon, RN, Catherine Sutton, Sam Tate, Veterinarian, La'Ura Taylor, Brad Turner, Pat Wharry, RN, Kathleen Wotring, RN, and Renice Zimmerman, RN; 82 BP Screenings were given at 9 sites across the Peninsula.

Our website has been updated! Check it out: http://www.vdh.virginia.gov/mrc/peninsulamrc/index.htm; check back often.

**Calendars:** You can find Training, Public Health Outreach, and Emergency Preparedness and Response Calendars under 'Quick Links and Important Resources' from the main page.

TRAINING NOTES:

Orientation is now on-line: <a href="http://www.vdh.virginia.gov/mrc/peninsulamrc/trainva.htm">http://www.vdh.virginia.gov/mrc/peninsulamrc/trainva.htm</a>

Pet Preparedness/Pet Shelter Training—2/14 spend Valentines Day learning more about your furry loved ones.

ICS—100.hc, 2/15 & 3/15; this qualifies for the ICS-100 training core competency.

Mass Fatality Response for MRC State Level—3/6 Polycom

Please watch your VVHS email alerts for details regarding registration.

## **PUBLIC HEALTH OUTREACH NOTES:**

Rabies Clinic in Newport News, 2/11. Last chance to register for the clinic alert will expire 2/6/12.

## EMERGENCY PREPAREDNESS AND RESPONSE EXERCISES NOTES:

Regional Exercise: 3/7/2012

## INSIDE YOUR MRC OFFICE – 2012— "Narrowing the Focus, Broadening the Reach" - First Half 2012

Do you have any suggestions of programs that you would like to see PenMRC offer our volunteers? What do you think will enable our volunteers to become more active? Send Julie an email with your ideas, Julie.segor@vdh.virginia.gov.

In 2011, we have had a serious case of the "no call/no show" to events and this trend is continuing in 2012. As a reminder if you sign up for a training, an exercise, or an event and cannot attend please out of courtesy call the office (757) 594-8045 or email Julie or Teresa. Our funding is based on several factors one of which is volunteers showing up to events. Chronic no calls/no shows will result in removal from the program.

A database scrub begins 2/2012—you may be contacted. Has your information changed? To update please contact: Julie.Segor@vdh.virginia.gov.

Alerts 101: Please do not delete the email alerts you receive; you must click on the link inside of the email and select available or unavailable. Your response is crucial to continued MRC funding for programs.



Peninsula Medical Reserve Corps— Peninsula and Hampton Health Districts

Volunteers Protecting the Health of Virginia



## **Contact Information**

Peninsula Medical Reserve Corps Peninsula Health District 416 J Clyde Morris Blvd. Newport News, VA 23601

Main: 757-594-8045 Fax: 757-594-8612 facebook.

twitter

You Tube

@PeninsulaVAMRC

Search 'Peninsula Medical Reserve Corps'

http://www.youtube.com/user/VAMRC

Please bookmark these websites:

PenMRC: http://www.vdh.virginia.gov/MRC/peninsulamrc

VVHS (Virginia Volunteer Health System): https://vms.vdh.virginia.gov/vms/default.jsp?main=reg

TRAINVirginia: <a href="http://va.train.org">http://va.train.org</a>

Teresa Blakeslee Julie Segor

Peninsula MRC Coordinator Assistant Peninsula MRC Coordinator

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NEWS IN A "HEARTBEAT"



E-News Flash from Peninsula MRC-February 2012

Force Health Protection Training - January 26, 2012, Peninsula Health Center Auditorium. The training taught disaster responders how to identify worker stress reaction and effects on worker performance. MRC Volunteers and CERT Volunteers were in attendance along with Ken Jones, Newport News Fire Department Emergency Management Coordinator.





For more pictures check out our Peninsula Medical Reserve Corps Facebook Page.